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Homeopathy

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Fertility issues

Statistics show that about a quarter of couples experience a period of infertility lasting more than a year, and some continue to experience difficulties for longer. The NHS states: 'Although one in seven couples has difficulty conceiving, the number of couples who are actually infertile is relatively low.' (www.nhsdirect.nhs.uk)

There are various forms of medical fertility treatments available; however, couples often find these treatments to be a physical and emotional rollercoaster. Procedures are invasive, expensive and success rates vary between clinics. The NHS Direct website gives the following figures for the average success rate after one IVF cycle:



- 24% for women who are between 35-37 years of age,
- 18% for women who are between 38-39 years of age, and
- 11% for women who are between 40-42 years of age.

IVF is not usually recommended for women who are over the age of 42 because the chances of a successful conception are thought too low to justify the treatment.'

Now there is a completely natural and successful alternative available ...

Natural Fertility Programme:

If you are reading this the chances are that you have been trying to conceive for a while and are now looking for help. I am trained in a fertility programme based around homeopathic remedies and herbal supplements devised by Liz Lalor (www.lutravision.com/Liz_Lalor.htm), an Australian homeopath who practises in Melbourne. As of Spring 2008 Liz had worked with 168 women and achieved an astonishing 144 births – an 85% success rate!

The focus is on naturally creating the best possible environment for pregnancy to occur and addresses:

- lifestyle and diet
- any adverse effects of the Oral Contraceptive Pill and any other medications
- support of the reproductive system, balancing the hormonal system, regulating periods and ovulation
- treatment of any issues such as PCOS, thrush, fibroids or endometriosis
- improving the quality of vaginal mucus
- support where there is history of miscarriage
- emotional support to address any emotional blocks to conception

I am pleased to announce that my first patient on this programme is now pregnant!

Treatment involves a programme of homeopathic remedies with/without herbal supplements with a maximum of 4 appointments covering a period of 5-6 months. Sessions are at my normal rate of £60 for an initial consultation/£45 for follow up sessions; this includes all homeopathic remedies but not any suggested herbs or supplements.

I have found that as long as the first session is a face to face consultation then follow ups can usually be conducted via telephone. Where distance is not an issue then I do prefer to all sessions to be face to face if possible.

To find out more visit my website or to discuss how homeopathy can help you with fertility or any other issues please email/phone me for an informal chat.

